

LSL Sexual Health Strategy Action Plan

1 Introduction

This Action Plan is aligned with the Lambeth Southwark and Lewisham Sexual Health Strategy 2014-2017, Southwark and Lewisham Sexual Health Epidemiology Report 2013 and local NHS commissioning strategies. The Action Plan details key actions and timescales for delivery of the commitments made within the Lambeth Southwark and Lewisham Sexual Health Strategy, 2014-2017.

2 The Lambeth Southwark and Lewisham Sexual Health Strategy

Lambeth, Southwark and Lewisham (LSL) have the highest rates of sexually transmitted infections, HIV and teenage conception rates in London and the UK. The LSL Sexual Health Strategy 2014-17 outlines how LSL will tackle the high levels of need in the three boroughs and set clear prevention and promotion programmes in place.

The strategy describes the local HIV and sexual health landscape, assessing previous strategies, financial resources and sexual health services in Lambeth, Southwark and Lewisham, as follows:

- Promotion and prevention
- Sexual health services/GUM/psychosexual
- Primary Care
- HIV Care and support
- Termination of pregnancy (abortion)
- Young peoples services & teenage pregnancy

The strategy sets out the following vision and strategic priorities:

- Embedding good sexual health and wellness as part of a wider health agenda
- Actively promoting good sexual health and healthy safe relationships, not just the absence of disease
- Reducing the stigma attached to sexually transmitted infections (STIs)
- Focusing on those statistically most at risk thereby reducing health inequalities
- Reducing the rates of unplanned pregnancy and repeat terminations, especially for under 18 year olds
- Reducing rates of undiagnosed STIs and HIV
- Aligning strategic priorities with the intentions of our local CCGs
- Developing the workforce to deliver integrated and improved services
- Shifting the balance of care to community-based services that are accessible and responsive to the needs of service users

The strategy is based on a public health needs assessment (Lambeth, Southwark and Lewisham Sexual Health Epidemiology 2013) conducted and written by Lambeth, Southwark and Lewisham Public Health teams. The Strategy covers analysis of investment and service delivery and makes

recommendations regarding a direction of travel for shifting investment from clinic-based services to community provision and prevention and promotion.

3 Key messages from LSL Lambeth, Southwark and Lewisham Sexual Health Epidemiology Report

The Lambeth, Southwark and Lewisham Sexual Health Epidemiology Report 2013, conducted and written by Lambeth, Southwark and Lewisham Public Health teams, includes a detailed analysis on sexual health need within the three boroughs. In particular the Report highlights:

- STI rates are high and continue to rise, particularly amongst MSM, young people and Black ethnic populations.
- HIV prevalence is high, with rates amongst MSM continuing to rise
- Under-18 conception rates in Southwark and Lambeth, although high, have been falling.
- Under-18 conception rates in Southwark and Lambeth, although high, have been falling.
- Under-18 conception rate in Lewisham has risen in the last year.
- Termination of pregnancy rates are high, with particular concern focused on repeat terminations.

Based on the local epidemiology identified in the LSL Sexual Health Epidemiology Report the priority groups for work in LSL are:

- MSM
- Black Ethnic populations
- Young people
- Other new and emerging vulnerable groups will require targeted interventions.

4 Other local strategies and plans

The LSL Sexual Health Strategy 2014-2017 and this Action Plan align with a number of other local strategies and plans. Wherever possible, commissioners will work in partnership with colleagues delivering on these aligned strategies to strengthen work. It is anticipated that aligned strategies include those listed in Appendix 1. This list is illustrative of the scope of sexual health. As such it is envisaged that a range of additional local and national strategy and policy will influence partnership working to deliver on the work outlined in the LSL Sexual Health Strategy.

5 The LSL Action Plan

Year 1: 2014- 2015

No.	Strategic priority	Actions/Commissioning Intentions	Date completed
1	Invest in prevention and reshape the commissioning of sexual health promotion to deliver improved health outcomes	Develop commissioning plan and specification for procuring LSL-wide Sexual Health Promotion targeted at Black African communities and MSM. Programme to include: <ul style="list-style-type: none"> • HIV Prevention • LSL wide condom distribution • Expanding access to HIV testing • Direct interventions with individuals/communities • Focus on working with faith leaders and faith organisations • Focus on substance mis-use (eg 'chemsex') • Prioritising the most vulnerable (ie the most vulnerable within identified priority groups) • Responding to emerging local need in LSL as it arises (eg STI outbreak - Shigella) and specific local needs (eg FGM) 	January 2015
		Consultation with stakeholders, including community sector organisations, on procurement of LSL-wide Sexual Health Promotion and HIV Prevention Programme.	March 2015
		Continue to invest in and manage the London HIV Prevention Programme	Ongoing
		Support and link in with local work on Hepatitis including in partnership with substance misuse	Ongoing
		Support and link in with local work on female genital mutilation (FGM) including the joint Southwark and Lewisham plan for and Lambeth Violence Against Women and Girls. Ensuring all commissioned work, where appropriate, takes into account Multi-agency Practice Guidelines: Female Genital Mutilation (HM Govt 2014).	Ongoing

2	Work towards a new model for sexual health services, whereby basic needs are met in the community, freeing up services to focus more in those most in need. This will include identifying optimum contracting mechanisms.	Participate as full partner in the London GUM Collaborative Commissioning Partnership to develop contacting mechanisms, basic service specification and inform contract negotiations (to be undertaken by North East London CSU) to inform final contract position for London GUM services 2015 onwards.	March 2015
		Meet with key stakeholders to review model for sexual health services. Model to be aligned with outcomes from review of primary care and commissioning plan for sexual health promotion programme.	March 2015 and ongoing into 2016
		Online sexual health service procured and service live (Lambeth and Southwark)	January 2015
3	Create more cost-effective services by shifting more sexual health provision into primary care and community pharmacy.	Review of primary care in LSL by Primary Care Board Sub-group to include: mapping of current contracts and activity <ul style="list-style-type: none"> • needs assessment • workforce development • opportunities for development. 	February 2015
		Options appraisal for developing sexual health services in community pharmacy	March 2015
		Commissioning plan for sexual health services in community pharmacy	March 2015
		Pilot of HIV testing in pharmacies scoped	March 2015
4	Deliver improved services for people living with HIV by implementing the recommendations of the HIV Care and Support Review (2011/2012)	Commission new peer support service	January 2015
		Review of CASCAID (SLAM) service specification	March 2015
5	Reduce rate of TOPS especially repeat TOPS	Review contracts for 2015-2016	January 2015

6	Safeguard young people and reach out to the most vulnerable to improve their sexual health	Re-focus WUSH specification in line with WUSH evaluation	
		Procure LSL wide C-card scheme for young people	March 2015
7	Engage with stakeholders and service users	Review and strengthen current engagement mechanisms, including reviewing LSL networks and forums with focus on engagement with community sector organisations	March 2015
		Consult with Stakeholders, including community sector organisations, on commissioning and procurement of LSL-wide Sexual Health Promotion and HIV Prevention.	March 2015

Year 2: 2015 - 2016

No.	Strategic priority	Actions/Commissioning Intentions	Date completed
1	Invest in prevention and reshape the commissioning of sexual health promotion to deliver improved health outcome	LSL-wide sexual health promotion programme for African communities and MSM procured. Programme aligned with substance misuse strategy and services and LHPP	October
		Continue to invest in and manage the London HIV Prevention Programme	Ongoing
		Review and implement/support expansion of HIV testing into: <ul style="list-style-type: none"> • Acute medical settings (with CCG) • Home testing • Primary care (informed by primary care review and pilot) • Identified community settings 	Ongoing until March 2016

2	Work towards a new model for sexual health services, whereby basic needs are met in the community, freeing up services to focus more in those most in need. This will include identifying optimum contracting mechanisms.	<p>Work with sexual health services to review model for delivery of sexual health services. Scope to include:</p> <ul style="list-style-type: none"> • Integrated services (including tariff) • Clinical skills mix identify how best to support workforce development • Service pathways • Self- management • Sites <p>To be informed by: learning from Modernisation Initiative; learning from service reviews Stakeholder consultation event held</p>	October 2015
3	Create more cost-effective services by shifting more sexual health provision into primary care and community pharmacy.	Options appraisal for sexual health services in General Practice completed	April
		New pharmacy sexual health services procured and new programme live	October 2015
		HIV testing pilot live	April 2015
		New general practice sexual health services procured and new programme live	December 2015
4	Deliver improved services for people living with HIV by implementing the recommendations of the HIV Care and Support Review	Work with CNS service to remodel and respecify service to focus on those most in need. Review pathways to ensure robust signposting and referral.	July 2015
		Review assessment, advice and advocacy, counselling and family support services and re-procure or re-shape new services	July 2015
5	Reduce rate of TOPS especially repeat TOPS	Negotiate alcohol IBA as standard offer with TOPs	April 2015
		Strengthen and develop pathway for post TOP contraception especially 25-35 and under 18	April 2015
		Conduct research at ward level on repeat TOP to better profile need and trends	July 2015
		Develop and commission pilot focused on women and girls experiencing violence	July 2015
		Review acute TOP and vasectomy activity to understand variance in funding by borough	July 2015
6	Safeguard young people,	Undertake a strategic review of commissioning of young people's sexual health	August 2015

reaching out to the most vulnerable to improve their sexual health	services across LSL	
	Develop commissioning plan based on young people's review to include focus on: <ul style="list-style-type: none"> sexual health promotion, including work with local faith communities, Teenage Pregnancy and SRE in schools and non-school setting clinical services working with teengage pregnancy programmes the most vulnerable young people 	September 2015
Engage with stakeholders and service users	Implement and support strengthened engagement mechanisms, including reviewing LSL networks and forums and use to inform service evaluation and commissioning strategy	April 2015 and ongoing

Year 3: 2016 -2017

No.	Strategic priority	Actions/Commissioning Intentions	Date completed
1	Invest in prevention and reshape the commissioning of sexual health promotion to deliver improved health outcome	Year 2 of LSL-wide sexual health promotion programme for African communities and MSM	March 2017
		Continue to support implementation of expansion of HIV testing into: <ul style="list-style-type: none"> acute medical settings (with CCG) Home testing Primary care (informed by primary care review and pilot) 	Ongoing
		Continue to invest in and manage the London HIV Prevention Programme	Ongoing
2	Work towards a new model for sexual health services, whereby basic needs are met in the community, freeing up services to focus more in those most in need. This will include identifying optimum contracting	Agree model for delivery of sexual health services and develop specification for new services	April 2016
		Review of SH24 online sexual health service completed and plans for onward commissioning finalised	June 2016

	mechanisms.		
3	Create more cost-effective services by shifting more sexual health provision into primary care and community pharmacy.	Review sexual health services being delivered in primary care to inform commissioning for 2017-2020	September 2016
4	Deliver improved services for people living with HIV by implementing the recommendations of the HIV Care and Support Review	Work with CNS service to remodel and respecify service to focus on those most in need. Review pathways to ensure robust signposting and referral.	September 2016
		Review new Assessment, Advice and Advocacy, Counselling and family support services	September 2016
5	Reduce rate of TOPS especially repeat TOPS	Respecify TOP services for 2017-2020 to take into account research and reviews from Year 2	October 2016
6	Safeguard young people and reach out to the most vulnerable to improve their sexual health	Young people's services for 2017-2020 re-procured or res-shaped based on young people sexual health services strategic review – new programme live	April 2017
7	Engage with stakeholders and service users	Review engagement mechanisms and ensure fit for purpose for 2017-2020	December 2016

Appendix 1: Examples of aligned strategies

- Lewisham Drug and Alcohol Strategy at <http://www.lewisham.gov.uk/myservices/socialcare/health/Drugs-and-alcohol/Pages/Drug-and-alcohol-strategy.aspx>
- Lewisham CCG and LB Lewisham Achieving a healthier and happier future for all, Health and wellbeing strategy at <http://www.lewisham.gov.uk/myservices/socialcare/health/improving-public-health/Documents/Health%20and%20Wellbeing%20Strategy.pdf>
- Violence Against Women and Girls – Guide, Lambeth Council at <http://lambeth.gov.uk/social-support-and-health/abuse-and-violence/violence-against-women-and-girls-guide>
- Lewisham Children and Young People’s Plan at <http://www.lewisham.gov.uk/myservices/socialcare/children/Pages/Children-and-Young-Peoples-Plan.aspx>
- Lambeth Mental Health Commissioning Strategy at <http://lambeth.gov.uk/social-care-and-support/mental-health-commissioning-strategy>
- Lambeth Carers Strategy at <http://lambeth.gov.uk/social-care-and-support/carers-strategy>
- Lambeth Community Plan at <http://lambeth.gov.uk/sites/default/files/ec-community-plan-2013-16.pdf>
- NHS Lambeth Clinical Commissioning Group Healthier Together: Five Year Strategy: 2014/15 to 2018/19 at <http://www.lambethccg.nhs.uk/news-and-publications/publications/Documents/Current%20plans%20and%20strategies/NHS%20Lambeth%20CCG%20Five%20Year%20Strategy%20Healthier%20Together%202014-15-18-19.pdf>
- Strategic Plan of the Lambeth Safeguarding Children’s Board 2012- 2017 at <http://modern.gov.lambeth.gov.uk/documents/s52795/Strategic>
- Valuing carers in Southwark at http://www.southwark.gov.uk/downloads/download/3605/our_draft_carers_strategy
- Southwark’s Children and Families’ Trust Children and Young People’s Plan 2013-2016 at http://www.southwark.gov.uk/site/scripts/google_results.php?q=childrens+plan
- Southwark CCG LB Southwark Joint Mental Health Strategy at <http://modern.gov.southwark.gov.uk/documents/s41324/Mental%20Health%20Strategy%20-%20SCCG.pdf>
- Southwark Health and Wellbeing Board and the Safer Southwark Partnership, Southwark’s Alcohol strategy 2013 to 2016 at http://www.southwark.gov.uk/downloads/download/3449/2013-2016_alcohol_strategy

It is envisaged that a range of additional local and national strategy and policy will influence partnership working to deliver on the work outlined in the LSL Sexual Health Strategy.